MIAC recognizes top 2020 Women's Indoor Track and Field performances

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BLOOMINGTON, Minn. – The Minnesota Intercollegiate Athletic Conference (MIAC) put the finishing touches on another record-breaking Indoor Track and Field Championship meet with the announcement of its annual Women's Indoor Track and Field awards on Thursday.

The top three finishers in each individual event along with each first-place relay team received All-MIAC honors. Individuals that finished 4-6 and relay teams that finished 2-6 received All-Conference Honorable Mention distinction. MIAC track and field coaches also selected individual award recipients for Outstanding Track Athlete, Outstanding Field Athlete, Outstanding Performance of the Meet, and Coach of the Year.

| 2020 MIAC Indoor Track and Field All-Conference Honorees and Award Winners |



Carleton first-year distance runner <u>Clara Mayfield</u> was named Outstanding Track Athlete, while St. Olaf senior <u>Mackenzie Schoustra</u> received Outstanding Field Athlete honors. Bethel's 4x400-meter relay team of <u>Hannah Sankey</u>, <u>Corin McKinstrey</u>, <u>Mikayla Turek</u>, and <u>Delia Labatt</u> was recognized with Performance of the Meet honors, and St. Thomas coach <u>Joe Sweeney</u> was named MIAC Coach of the Year.

Mayfield (Fy. | Manhattan, Kan.) took home a pair of conference titles in her championship debut, winning both the 3000-meter and 5000-meter runs. She registered a 23-second margin of victory in the 3000-meter race, finishing in 9:55.92 - the ninth-fastest time in NCAA Division III this season. Her 5000-meter time of 17:16.38 set a new facility record and topped the rest of the field by 42 seconds. That time is seventh-fastest in D-III this year. Mayfield is the first Knight to receive Outstanding Track Athlete honors following the MIAC Indoor Championships since Alexa Feeney in 2017.

Schoustra (Sr. | Burlingame, Calif.) successfully defended her conference title in the pentathlon with 3,316 points to open the 2020 Indoor Championships. The Ole senior finished first or second in all five events with wins in the 60-meter hurdles, high jump, and 800-meter run to go along with runner-up finishes in the shot put and long jump. She went on to add an honorable mention accolade in the open high jump after clearing 1.53 meters. She is the first Ole to receive Outstanding Field Athlete honors since Dani Larson in 2015.

The Royals' 4x400-meter relay team received Performance of the Meet honors after setting a new MIAC Indoor Championship record with a time of 3:55.37. That time also set a new facility mark and was not even the foursome's best time of the year, as Sankey, McKinstrey, Turek, and Labatt combined for Division III's fastest 4x400 time with a 3:51.81 in late February.

Sweeney coached St. Thomas to its 21st consecutive MIAC Women's Indoor Track and Field Championship. The Tommies scored 171 points with 27 athletes contributing to the total. This is Sweeney's fourth MIAC Indoor Coach of the Year honor in the last six seasons.

In addition to the top individual award winners, conference coaches also recognized the 2020 Women's Indoor Track and Field All-MIAC Sportsmanship team, as well as the 2020 All-Conference individuals and relay teams. Complete results and recaps of the 2020 MIAC Indoor Track and Field Championships can be found on the event homepage.

2020 MIAC WOMEN'S INDOOR TRACK AND FIELD AWARDS

Outstanding Track Athlete: Clara Mayfield, Carleton (Fy. | Manhattan, Kan.)
Outstanding Field Athlete: Mackenzie Schoustra, St. Olaf (Sr. | Burlingame, Calif.)

Outstanding Performance of the Meet: Hannah Sankey/Corin McKinstrey/Mikayla Turek/Delia Labatt, Bethel (4x400m Relay)

Coach of the Year: Joe Sweeney, St. Thomas (40th season)

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